

JUNE 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
					6/20 Nat/SR/SR1 7-10am (Waveny) Age group teams Meet At Cheshire/CDOG	6/21 Age group teams Meet At Cheshire/CDOG	
6/22 NAT/SR 6-8:30am Senior 1 6:45-8:30am S&S/BL/WH 7-8:30am @ Waveny	6/23 NAT/SR 6-8:30am Senior 1 6:45-8:30am S&S/BL/WH 7-8:30am @ Waveny	6/24 NAT/SR 6-8:30am Senior 1 6:45-8:30am S&S/BL/WH 7-8:30am @ Waveny	6/25 NAT/SR 6-8:30am Senior 1 6:45-8:30am S&S/BL/WH 7-8:30am @ Waveny	6/26 NAT/SR 6-8:30am Senior 1 6:45-8:30am S&S/BL/WH 7-8:30am @ Waveny	6/27 ALL GROUPS SWIM MEET AT WCYM	6/28 ALL GROUPS SWIM MEET AT WCYM	
6/29 NAT/SR 6-8:30am Senior 1 6:45-8:30am S&S/BL/WH 7-8:30am @ Waveny	6/30 NAT/SR 6-8:30am Senior 1 6:45-8:30am S&S/BL/WH 7-8:30am @ Waveny	JULY BEGINS					

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/27 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* 7-8:30am @ Waveny * Those who <u>qualified for</u> CT AG or <u>Sectionals</u>	7/28 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* 7-8:30am @ Waveny * Those who <u>qualified for</u> CT AG or <u>Sectionals</u>	7/29 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* 7-8:30am @ Waveny * Those who <u>qualified for</u> CT AG or <u>Sectionals</u>	7/30 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* 7-8:30am @ Waveny * Those who <u>qualified for</u> CT AG or <u>Sectionals</u> CT AGE GROUPS	7/31 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* NO PRACICE @ Waveny * Those who <u>qualified for</u> CT AG or <u>Sectionals</u> CT AGE GROUPS	8/1 NAT/SR* 7-9am @ YMCA * Those who <u>qualified for</u> <u>Sectionals</u> Not going to <u>AGE</u> <u>GROUPS</u> CT AGE GROUPS	8/2 CT AGE GROUPS

August 2009

Monday	Tuesday	Wed	Thursday	Friday	Saturday	Sunday
					8/1 CT AGE GROUPS	8/2 CT AGE GROUPS
8/3 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* 7-8:30am @ Waveny * Those who <u>qualified for</u> <u>Sectionals or</u> <u>Zones</u>	8/4 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* 7-8:30am @ Waveny * Those who <u>qualified for</u> <u>Sectionals or</u> <u>Zones</u>	8/5 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* 7-8:30am @ Waveny * Those who <u>qualified for</u> <u>Zones</u> LEAVE FOR SECTIONALS	8/6 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* 7-8:30am @ Waveny * Those who <u>qualified for</u> <u>Zones</u> Sectionals	8/7 NAT/SR* 6-8:30am Senior 1* 6:45-8:30am S&S/BL/WH* 7-8:30am @ Waveny * Those who <u>qualified for</u> <u>Zones</u> Sectionals	8/8 NAT/SR* Senior 1* S&S/BL/W H* 9-10AM @ YMCA * Those <u>who</u> <u>qualified for</u> <u>ZONES</u> Sectionals	8/9 Sectionals

8/10	8/11	8/12	8/13	8/14	8/15	8/16
JR Nationals	JR Nationals LEAVE FOR ZONES	JR Nationals EZ Zones	JR Nationals EZ Zones	JR Nationals EZ Zones	EZ Zones	

*** Denotes swimmers who qualified for CT Age Group Championships.**

Starting 7/20 Practice times for National/Senior/SR1 are subject to change to prepare for championships